

**your mental  
health matters.**

**NATIONAL SUICIDE PREVENTION HOTLINE**

**CALL 1-800-273-8255**

**[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)**

## **CRISIS TEXT LINE**

TEXT **HOME** to 741741  
[www.crisistextline.org](http://www.crisistextline.org)  
Free 24/7 Support

## **CRISIS SUPPORT SERVICES**

CALL 1-800-273-8255  
TEXT **CARE** to 839863  
[www.cssnv.org](http://www.cssnv.org)

## **PAWNEE CRISIS LINE (local)**

CALL 1-800-609-2002  
[www.pawnee.org](http://www.pawnee.org)

## **KANSAS SUICIDE PREVENTION**

CALL 785-841-2345  
TEXT **KANSAS** to 741741

## **NATIONAL ALLIANCE ON MENTAL ILLNESS HELPLINE**

CALL 1-800-950-NAMI (6264)  
Nationwide peer-support service, not a crisis line

## **NATIONAL DOMESTIC VIOLENCE HOTLINE**

CALL 1-800-799-SAFE (7233)  
TTY 1-800-787-3224  
[www.thehotline.org](http://www.thehotline.org)

## **DATING ABUSE AND DOMESTIC VIOLENCE HOTLINE**

CALL 1-866-331-9474  
TEXT **LOVEIS** to 22522  
[www.loveisrespect.org](http://www.loveisrespect.org)

## **THE CRISIS CENTER, INC**

(local for domestic violence and sexual assault)  
MANHATTAN: CALL 785-539-2785  
JUNCTION CITY: CALL 785-762-8835

## **VETERANS CRISIS LINE**

CALL 1-800-273-8255 **PRESS 1**  
TEXT 838255  
[www.veteranscrisisline.org](http://www.veteranscrisisline.org)

## **NATIONAL SEXUAL ASSAULT HOTLINE**

CALL 1-800-656-HOPE (4673)  
[www.rainn.org](http://www.rainn.org)

## **NATIONAL CHILD ABUSE HOTLINE**

CALL 1-800-4-A-CHILD (422-4453)  
[www.childhelp.org](http://www.childhelp.org)

## **SAMSHA HOTLINE**

(SUBSTANCE ABUSE & MENTAL HEALTH SERVICES  
ADMINISTRATION)  
CALL 1-800-662-HELP (4357)

## **EATING DISORDER HELPLINE**

CALL 1-800-931-2237

## **THE TREVOR PROJECT**

CALL 1-866-488-7386  
TEXT **START** TO 67867  
24/7 crisis intervention to LGBTQ young people

## **LGBTQ NATIONAL HOTLINE**

CALL 1-888-843-4564  
MON-FRI 3PM to 11PM  
SAT 11AM to 4PM  
EMAIL: [LGBThotline.org](mailto:LGBThotline.org)  
[www.glbhotline.org](http://www.glbhotline.org)

**KONZA**  
P R A I R I E  
Community Health  
Center

**JUNCTION CITY 785-238-4711**

**MANHATTAN 785-320-7134**