

# CRISIS RESOURCES

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## NATIONAL SUICIDE PREVENTION LIFELINE

CALL or TEXT 988  
CALL 800-273-8255  
CALL 785-841-2345  
CHAT ONLINE @ [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## CRISIS TEXT LINE

TEXT **HOME** to 741741  
[www.crisistextline.org](http://www.crisistextline.org)  
Free 24/7 Support

## PAWNEE CRISIS LINE (local)

CALL 1-800-609-2002  
[www.pawnee.org](http://www.pawnee.org)

## NATIONAL ALLIANCE ON MENTAL ILLNESS HELPLINE

CALL 1-800-950-NAMI (6264)  
Nationwide peer-support service, not a crisis line

## NATIONAL DOMESTIC VIOLENCE HOTLINE

CALL 1-800-799-SAFE (7233)  
TTY 1-800-787-3224  
[www.thehotline.org](http://www.thehotline.org)

## DATING ABUSE AND DOMESTIC VIOLENCE HOTLINE

CALL 1-866-331-9474  
TEXT **LOVEIS** to 22522  
[www.loveisrespect.org](http://www.loveisrespect.org)

## THE CRISIS CENTER, INC

(local for domestic violence and sexual assault)  
MANHATTAN: CALL 785-539-2785  
JUNCTION CITY: CALL 785-762-8835

## NATIONAL CHILD ABUSE HOTLINE

CALL 1-800-4-A-CHILD (422-4453)  
[www.childhelp.org](http://www.childhelp.org)

## SAMHSA HOTLINE

(SUBSTANCE ABUSE & MENTAL HEALTH SERVICES  
ADMINISTRATION)  
CALL 1-800-662-HELP (4357)

## THE TREVOR PROJECT

CALL 1-866-488-7386  
TEXT **START** TO 67867  
24/7 crisis intervention to LGBTQ young people

## LGBTQ NATIONAL HOTLINE

CALL 1-888-843-4564  
MON-FRI 3PM to 11PM  
SAT 11AM to 4PM  
[www.lgbthotline.org](http://www.lgbthotline.org)

## VETERANS CRISIS LINE

CALL 1-800-273-8255 **PRESS 1**  
TEXT 838255  
[www.veteranscrisisline.org](http://www.veteranscrisisline.org)

## EATING DISORDER HELPLINE

CALL 1-800-931-2237

## NATIONAL SEXUAL ASSAULT HOTLINE

CALL 1-800-656-HOPE (4673)  
[www.rainn.org](http://www.rainn.org)