## **Recovery Specialist**

## Open to those in any stage of addiction or recovery process

- Provides a safe, private place for support and guidance from a recovery coach with lived experience.
  - Someone who understands, supports and advocates recovery.
  - Skills and knowledge to support recovery.
  - Offering support and help with obtaining community based services and resources.
  - Developing an individual plan for success.
  - Find support and methods for coping.

Recovery is hard, let's work through it together!



## Patricia Pearson Peer Mentor

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It's OK to ask for help!



